



# TNT Newsletter

Club No. 4533—Area 61—District 50

WWW.TNTTOASTMASTERS.COM

JUNE 2011

## Incoming President's Message



**Bruce Arfsten, CC, CL**

To My TNT Family:

How fortunate I am to have found TNT and become part of such an exceptional group! I believe it is such an honor for me to have the opportunity to serve as president beginning July 2011. We've been blessed to have outstanding leadership in the past and I hope that I can make a positive contribution. However, I can't do it without your help. It is each individual that helps make TNT all that

it is. It takes the commitment of each member to continue the legacy of greatness and share with others the experience we all enjoy. By seeking out and inviting others to visit, we will continue to grow, improve, and produce success! Celebrating 30 years of TNT is an amazing milestone, yet we have so much more to accomplish. How does "The Best" improve? Let's show them how!!!

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## Road to DTM

### Eve Rodgers interviewing Kelly Page

When Kelly joined TNT, skill building was her focus, with DTM not being a huge concern. In fact, Kelly was so scared to get called on for Table Topics (TT), she attended seven meetings before joining! Sure enough when she joined she was called for TT. She stood up, talked for less than one minute and didn't say the word of the day. That was nine years ago! She was encouraged to join Toastmasters (TM) by a past area governor she met in a class she was taking at the time. In the meantime, Kelly has served as youth leadership chair, area governor, in a variety of district roles and won the sparkling pixel award. Kelly was also a member of Advanced Club called the Roviing 49ers. This club was for those individuals who had their CC and wanted more leadership experience.



This year Kelly finally stated she wanted to accomplish her DTM. She thought it would be in the fall, but then had the "profound honor" of giving the eulogy for a friend. She stated that TM had given her this confidence and it was the beginning of the healing process for her. When Kelly gave her last speech for her DTM, she was so excited and nervous, she forgot the first line! She came to terms with it and had the epiphany that "just because I'm this DTM person doesn't mean I'm a master at it."

Kelly's advice to all of us:

- 1) Learn everything you can, ask questions, and don't be afraid to be involved.
- 2) Balance your energy between what you can do for your club and other commitments.



# JULY 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9 D50
10	11	12	13	14 D50 	15	16
17	18	19	20	21	22	23
24	25	26	27	28 D50 	29	30




## Save the Date

- } 7/9—TLI Kick-off
- } 7/14—New Member Orientation/ Existing Member Meeting
- } 7/14—TLI Lite
- } 7/28—Executive Committee Meeting
- } 7/28—TLI Lite #2

## Save the Date

- } 8/6—Last Chance TLI
- } 8/11—New Member Orientation/ Existing Member Meeting
- } 8/18—Look for the next TNT Newsletter
- } 8/25—Executive Committee Meeting

# AUGUST 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6 D50
7	8	9	10	11 	12	13
14	15	16	17	18 	19	20
21	22	23	24	25 	26	27
28	29	30	31			

## Topics for a Speech

By: Ann Logan-Lubben

It goes without saying that you write best about what you know. Well, the same goes for giving a speech. Speak about what you know and love, and the words will come effortlessly. My best speeches have been about the things I love, whether it's my family...or my extended family (my pets). Frankly, anything that you are passionate about is "grist for the mill," and has the makings of a good speech. Then, add a dash of humor, and your speech will definitely sparkle. I have gotten more than one blue ribbon on my animal speeches.

Animals are more than my extended family, they entertain me with their antics and make me laugh. For me, laughter is the first medication I take every day.

Now, we all know that Toastmasters tries to give us a "freebie" in the beginning by making the first speech in your manual about yourself. However, I went way overboard with my first speech, and, of course, went over time too! I learned that the best thing to do was take a snapshot of myself at a certain time in my life,

or to describe a small part of my life at a time. Each speech after that Icebreaker got easier and easier.

Now, all my speeches deal with my passions, i.e., volunteerism, animal causes, my family members, my husband, etc. I try to talk about what I love, and I try to make people laugh at the absurdities of life. Life throws us curves all the time, but if we can laugh we can still live. Or, as Mark Twain put it, "The human race has only one really effective weapon, and that is laughter."

*Don't forget: TLI is for all Toastmasters, not just leadership. See calendars for dates.*

## TNT's Most Recent Accomplishments

District 50 recognized several TNT members at the Spring Conference held in May. The following members were recognized as outstanding officers in the entire district!

Sharron O'Neill, CC, CL—  
Outstanding Sergeant at Arms

Pauline Shirley, DTM—  
Outstanding President

Kasey Smith, CC, CL—  
Outstanding VP of Education



## New Member Spotlight

Steve Anderson

**Interests:** Music-all types (except rap, it's really not music), photography, motorsports

**How were you introduced to TNT?** I met Pauline Shirley at a meeting and you can guess what happened from there.

**What impressed you most about TNT?** Everyday people conquering their fears and improving themselves.

**How did you prepare for your Ice breaker and what were your feeling/thoughts before delivering your speech?**

I rewrote the speech several times and practiced in front of my wife. She buzzed me about 6 times. I thought I was prepared.

**How did you feel after delivering your Ice breaker?** I should have been better prepared and I should not have eaten Asia buffet before speaking.

**What did you learn from your Ice breaker and evaluation?** I needed to be better prepared and to choose topics that you feel comfortable talking about.

**Please share one strange fact about yourself:** I was Jerry Lewis's personal waiter at a corporate event.

"I was born a true Texan. I have recently moved back to Dallas after living in Edmond, Oklahoma for nearly 15 years. I am married to the most understanding wife for 35 years and blessed with two remarkable kids. All three are speech topics by themselves."

## New Member Spotlight

Sarah Boyea

**Interests:** philanthropy, going to the beach, cats, tennis, traveling

**How were you introduced to TNT?** I heard about this group at a Farmers Branch chamber meeting.

**What impressed you most about TNT?** The diverse group of people and the energy of the group

**How did you prepare for your Ice breaker and what**

**were your feelings/thoughts before delivering your speech?** I wrote out what I was going to say and then practiced several times in front of my husband and by myself.

**How did you feel after delivering your Ice breaker?** Happy that it was over and more confident for future speeches.

**What did you learn from your Ice breaker and evaluation?**

I learned that being evaluated is a VERY good thing. I loved hearing feedback about my speech. I also learned that giving a Toastmaster speech isn't as hard as I had envisioned it.

**Please share one strange fact about yourself:** I lived in Mexico for a summer.

## TNT Incoming Executive Committee (July 1-December 31, 2011)

President	Bruce Arfsten, CC, CL	VP of PR	Eve Rodgers, CC
Imm. Past President	Kasey Smith, CC, CL	Secretary	Lori McCaghren, ACB. ALB
VP of Education	Norma Pace, CC, CL	Treasurer	Kelly Page, DTM
VP of Membership	Winn Fuqua, CC	Sergeant at Arms	Astrid Harris, TM